

North Dakota Parks & Recreation Department

NEWS RELEASE

For Immediate Release, Monday, June 30, 2014

For more information, contact Lake Metigoshe State Park at (701) 263-4651.

Lake Metigoshe State Park hosts 3rd annual “Fun in the Sun” weekend

Lake Metigoshe State Park is having its 3rd annual Fun in the Sun weekend July 11-13. The Fun in the Sun weekend is all about things that folks associate with summer -- from beach games and running through sprinklers to making sandcastles and thunderstorms.

Activities start on Friday, at 8:30 p.m. as Tom Schrader, KXMC's Meteorologist, talks about severe weather during the summer months. On Saturday, from 2-4 p.m., visitors can meet at the playground between the modern campgrounds to run through sprinklers, participate in balloon tosses and minnow races! At 8:30 p.m., meet at the beach for some friendly competition associated with the park's annual Beach Olympics. On Sunday morning, canoeing adventures take place at 10 a.m. Staff will go over the basics at the park's warming house and then enjoy a morning on School Section Lake. Equipment is provided. Participants under 18 years of age need to be accompanied by an adult. There will be sandcastle fun and a scavenger hunt taking place at the beach at 1 p.m. Prizes will be awarded!

Currently, there are many primitive campsites available as well as a limited number of modern campsites available that weekend. For reservations, visit www.parkrec.nd.gov or call 800-807-4723.

Lake Metigoshe State Park is located 16 miles NE of Bottineau, ND, along the Lake Loop Road, just off of Highway 43.